

The Intermountain Community Care Team: *Helping you get the care you need*

What is the Intermountain Community Care Team (ICCT)?

The ICCT is a team-based program at Intermountain Healthcare that helps patients with complex medical needs find ways to overcome problems that may be keeping them from getting the care they need. Participation may be free of charge, depending on your specific needs.

How can the ICCT help me?

The goal of the ICCT is to improve your quality of life. To do that, the team adapts services to fit to your needs. For example, your team may:

- **Visit you at home.** If needed, the team will come to you to learn about you and your needs, and how they can help.
- **Create a care plan.** The team will work with you to figure out a plan for solving problems and making life easier for you and your family.
- **Coordinate your care.** The team can help you and your healthcare providers communicate and work together. They can also help you arrange for transportation to appointments, manage your medication, and schedule preventive care.
- **Connect you to resources.** Depending on your needs, the team can refer you to medical, mental health, financial, and other services. They can answer your questions, help with paperwork, and help you connect with clinics and people or agencies in your community.
- **Follow up to make sure your needs are met.** The team will check in with you regularly to make sure your care plan is working and your quality of life is improving.



Learn more!

If you or someone you know might benefit from ICCT services, ask your doctor for a referral. Or, call:

- 801-507-2410 (Salt Lake area)
- 801-357-8664 (Provo area)
- 801-387-2688 (Ogden area)
- 435-251-2449 (St. George area)

You can expect sensitive, professional help to meet your health challenges. ICCT members will honor your confidentiality and will strive to help you live well.

My regular doctor still handles my medical care, but the ICCT makes it possible for me to have that care.

— Theo,
ICCT participant



