

Substance Use Disorder

Reference
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SCREENING IN PRIMARY CARE

SCREEN with the *Intermountain-modified NIDA*

Who do I screen?

- Patients ≥12 years at preventive care visits

What are the questions?

In the past year, how often have you used the following?

Alcohol:

- For men, ≥5 standard drinks* a day
- For women, ≥4 standard drinks a day

Tobacco products (including e-cigarettes)

Prescription medications for non-medical reasons

Prescription medications in amounts greater than prescribed, for reasons other than prescribed, or that weren't prescribed to you

Illegal drugs (illicit, street drugs)



SCREEN further with the *ASSIST-based Assessment*

Who do I screen?

- Patients who screen positive on the NIDA (any positive response)
- Patients with risk factors, drug-seeking behavior, or other presentation
- Patients who present intoxicated or impaired, obvious risk, or request treatment

What are the questions?

See the *ASSIST-based Assessment* (click to open or go to intermountain.net)

What do the scores mean?

Low risk	Moderate risk	High risk
<ul style="list-style-type: none"> • 0–10 on alcohol • 0–3 on other substances 	<ul style="list-style-type: none"> • 11–26 on alcohol • 4–26 on other substances 	<ul style="list-style-type: none"> • 27+ on any substance

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TREATMENT IN PRIMARY CARE

TREAT patient based on risk

Low risk	Moderate risk	High risk
Share patient scores and educate patient on any risky behaviors	<ul style="list-style-type: none"> • Perform brief intervention. • Prescribe medications if applicable. • Treat comorbidities. • Schedule a follow-up appointment in 2–4 weeks. 	
	<ul style="list-style-type: none"> • If alcohol or tobacco, consider referral to treatment and/or mutual-help groups. • If drugs, refer to treatment and/or mutual-help groups. 	<ul style="list-style-type: none"> • Refer to treatment and/or mutual-help groups. • Provide a copy of the Patient Summary out of iCentra.

Brief intervention overview

If you have...	Perform the following...
5–15 minutes	<ul style="list-style-type: none"> • Ask if the patient is interested in seeing their questionnaire scores. • Provide personalized feedback about scores using the <i>Substance Use Response and Report Card</i>. • Give advice about how to reduce risk associated with substance use. Allow the patient to take responsibility for their choices. • Ask the patient how concerned they are about their scores.
15–30 minutes	<p>Above plus:</p> <ul style="list-style-type: none"> • Weigh the good things about using the substance against the less good things. • Summarize and reflect on the patient's statements about their use, emphasizing the negatives of using the substance. • Ask the patient how concerned they are with the negatives of using the substance. • Give the patient education materials to take home.
More	<ul style="list-style-type: none"> • Repeat the first steps for additional substances.