CARB COUNT DOSE

This is the insulin dose you take before meals and snacks



0.5:40

0.5 unit of insulin for every 40 grams of carbs

| Grams of carbs | Units of insulin |
|----------------|------------------|
| 1-20 | 0 |
| 21-60 | 0.5 |
| 61-100 | 1 |
| 101-140 | 1.5 |
| 141-180 | 2 |
| 181-220 | 2.5 |
| 221-260 | 3 |

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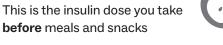
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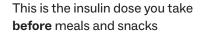


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