

MY NAUSEA MEDICATIONS

It's important to eat enough to maintain a healthy weight and drink enough to stay hydrated. These medications can help. Talk with your care team if you're not able to get your nausea or vomiting under control.

.....

Ondansetron (Zofran)

Helps keep nausea from starting

May cause headaches or constipation

- Take 1 hour before taking anti-cancer pills
- Do not take with palonosetron (Aloxi)

**Prochlorperazine (Compazine)
or Promethazine (Phenergan)**

Take at the first sign of nausea

May cause drowsiness

Olanzapine (Zyprexa)

Typically taken with other nausea medications

May interact with psychiatric medications

- Not for patients with dementia

(continued on back)



**Intermountain[®]
Cancer Centers**



Lorazepam (Ativan)

Treats active vomiting or uncontrolled nausea
Usually causes drowsiness

- Dissolve under your tongue

Dexamethasone

May cause jitters or insomnia
May cause your face to get red or flushed

**Antacids, Proton pump inhibitors,
Histamine 2 blockers**

Helps decrease the amount of acid in your
stomach which can cause or be confused
with nausea



Intermountain Healthcare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Se proveen servicios de interpretación gratis. Hable con un empleado para solicitarlo. 我們將根據您的需求提供免費的口譯服務。請找尋工作人員協助。

© 2019 Intermountain Healthcare. All rights reserved. The content presented here is for your information only. It is not a substitute for professional medical advice, and it should not be used to diagnose or treat a health problem or disease. Please consult your healthcare provider if you have any questions or concerns. More health information is available at intermountainhealthcare.org. Patient and Provider Publications ONC022-02/19 (Last reviewed -02/19) Also available in Spanish.