



Sandstone & Floodstreet Cafés

Monday 9/4

HAPPY LABOR DAY

- **NEW** LiVe Well Plate10- Blueberry Chicken Chopped Salad
360/11.5gm/5.4gm/473mg **\$4.18**
- **Entrée** -Barbacoa Burrito
503/19.7gm/4.4gm/1703mg **\$4.84**
- **Side Dishes** – Black Beans & Carrots

Tuesday 9/5

- **LiVe Well Plate19**- Pecan Chicken w/Red mashed potatoes
474/12.5gm/2.2gm/382mg **\$4.18**
- **Entrée**- Lasagna with breadstick
451/15.6gm/4.8gm/1312mg - **\$4.84**
- Grill Special- Grilled Salmon w/Fruit Salsa
438/13.1gm/7.1gm/437mg **\$4.18**
- **Side Dishes** – Breadstick & Key largo Vegetables

Wednesday 9/6

- **LiVe Well Plate95** -Shrimp Scampi w/Zucchini Noodles **\$4.18**
194/6.8gm/4.6gm/656mg
- **Entrée**- Chicken Cordon Blue
240/14.0gm/1.0gm/590mg - **\$4.54**
- Grill Special- Grilled Salmon w/Fruit Salsa
438/13.1gm/7.1gm/437mg **\$4.18**
- **Side Dishes** – Rice Pilaf & Mixed Vegetables

Thursday 9/7

- **LiVe Well Plate84**- Lentil Tacos w. Cilantro Lime Rice **\$4.18**
316/10.4gm/6.5gm/629mg
- **Entrée**- Roast Turkey Breast
142/6.1gm/0.0gm/688mg **\$4.54**
- Grill Special- Grilled Salmon w/Fruit Salsa
438/13.1gm/7.1gm/437mg **\$4.18**
- **Side Dishes**- Mashed Potatoes, gravy Cornbread Stuffing & Corn

Friday 9/8

- **LiVe Well Plate82**- Ginger Sesame Tilapia w/ Rice & Veg **\$4.18**
577/15.2gm/4.9gm/598mg
- **Entrée**- Teriyaki Chicken Stir-Fry
194/1.9gm/0.5gm/1925mg **\$4.84**
- Grill Special- Grilled Salmon w/Fruit Salsa
438/13.1gm/7.1gm/437mg **\$4.18**
- **Side Dishes** –Baked Yam & Swiss Chard

Saturday 9/10

- **LiVe Well Plate06**-Chicken Gyro w/ Almond Couscous
430/11.6gm/3.7gm/654mg **\$4.18**
- **Entrée** – Grilled Steak w Mushroom & Onions
226/14.0gm/0.6gm/365mg **\$4.84**
- **Side Dishes** –Ranch Potatoes & Baked Yams

Sunday 9/11

- **LiVe Well Plate78**- Asian Pork w/Jasmine Rice & Vegetables
542/18.3gm/6.3gm/560mg **\$4.18**
- **Entrée** – Malibu Chicken
355gm/15.8gm/1.1gm/1231mg **\$4.84**
- **Side Dishes**- Wild Rice Pilaf & Key largo

Display Cooking

Boneless Chicken Strips

Choice of Sauces: Sweet Jalapeno, Honey Mustard, Buffalo, House sticky sauce.



Served with Salad or Vegetable Sticks.

*No Display on Monday