



Sandstone & Floodstreet Cafés

Monday 4/11

- **LiVE Well Plate21-** Beef Bulgur Burger w/Cucumber Salad **\$4.18**
541/15.6gm/10.0gm/616mg
- **Entrée-** Lasagna with breadstick 451/15.6gm/4.8gm/1312mg - **\$4.84**
- **Grill Special- Spicy Chicken Sandwich** 782/42.4gm/3.9gm/1507mg **\$4.84**
- **Side Dishes** – Breadstick & Key largo Vegetables

Tuesday 4/12

- **LiVE Well Plate19-** Pecan Chicken w/Red mashed potatoes 474/12.5gm/2.2gm/382mg **\$4.18**
- **Entrée-** Pork Cashew Stir-Fry over Rice 448/14.5gm/2.9gm/830mg **\$4.54**
- **Grill Special- Spicy Chicken Sandwich** 782/42.4gm/3.9gm/1507mg **\$4.84**
- **Side Dishes** –Red Pot & Mixed Vegetables

Wednesday 4/13

- **LiVE Well Plate95** –Shrimp Scampi w/Zucchini Noodles **\$4.18**
194/6.8gm/4.6gm/656mg
- **Entrée** –London Broil **\$4.84**
285/10.6gm/0.1gm/757mg
- **Grill Special- Spicy Chicken Sandwich** 782/42.4gm/3.9gm/1507mg **\$4.84**
- **Side Dishes** – Ranch Potatoes & Acorn Squash

Thursday 4/14

- **LiVE Well Plate94-**Korean Lettuce Wraps 424/8.9gm/4.5gm/562mg **\$4.18**
- **Entrée** –Roast Pork Shoulder 226/15.2gm/0.5gm/252mg **\$4.84**
- **Grill Special- Spicy Chicken Sandwich** 782/42.4gm/3.9gm/1507mg **\$4.84**
- **Side Dishes** – Baked Beans & Carrots

Friday 4/15

- **LiVE Well Plate93-**Citrus Seasoned Salmon w/Rice & Slaw **\$4.18**
534/18.1gm/3.4gm/639mg
- **Entrée-** Baked Swiss Chicken 437/27.1gm/0.1gm/266mg **\$4.84**
- **Grill Special- Spicy Chicken Sandwich** 782/42.4gm/3.9gm/1507mg **\$4.84**
- **Side Dishes** –Baked Yam & Swiss Chard

Saturday 4/16

- **LiVE Well Plate11-** Chicken Carbonara 461/11.8gm/3.4gm/541mg **\$4.18**
- **Entrée** –Salisbury Steak 213/12.6gm/0.1gm/832mg **\$4.84**
- **Side Dishes** – Rice & Veggies

Sunday 4/17

- **LiVE Well Plate87** –Pesto Cavatappi 474/15.5gm/5.5gm/409mg **\$4.18**
- **Entrée-** Roast Turkey Breast **\$4.54**
142/6.1gm/0.0gm/688mg
- **Side Dishes-** Mashed Potatoes, gravy
Cornbread Stuffing & Corn

No Display