



Sandstone & Floodstreet Cafés

Monday 2/1

- **LiVe Well Plate83** –Smoked Turkey w/BBQ mustard Sauce- **\$4.18**
267/10.2gm/0.8gm/319mg
- **Entrée-** Beef Enchiladas
491/25.4gm/6.0gm/881mg **\$4.84**
- **Grill Special-** French Dip Sandwich
512/16.1gm/1.3gm/2100mg **\$4.84**
- **Side Dishes** –Pinto Beans & Tuscan Vegetables

Tuesday 2/2

- **LiVe Well Plate90-** Pizza Florentine w/Salad
449/10.5gm/5.4gm/660mg **\$4.18**
Entrée –Grilled cheese w/ Tomato soup
760/40.1gm/24.52gm/1811mg **\$4.84**
- **Grill Special-** French Dip Sandwich
512/16.1gm/1.3gm/2100mg **\$4.84**
- **Side Dishes** –Au Gratin Potatoes & Winter Squash

Wednesday 2/3

- **NEW LiVe Well Plate07-**Quinoa Stuffed Bell Pepper
263/7.2gm/6.9gm/338mg **\$4.18**
- **Entrée** – Barbacoa Burrito - **\$4.84**
992/39.7 gm/15.67gm/1051mg
- **Grill Special-** French Dip Sandwich
512/16.1gm/1.3gm/2100mg **\$4.84**
- **Side Dishes** –Black Beans & Broccoli

Thursday 2/4

- **LiVe Well Plate60-** Szechuan Beef w/Rice and Vegetables **\$4.18**
567/17.3gm/5.0gm/360mg
- **Entrée-** Spaghetti Bar
478/15.3gm/7.6gm/1037mg **\$4.58**
- **Grill Special-** French Dip Sandwich
512/16.1gm/1.3gm/2100mg **\$4.84**
- **Side Dishes** – Garlic Bread & Mixed Vegetables

Friday 2/5

- **LiVe Well Plate82** – Ginger Sesame Tilapia w/ Rice & Veg **\$4.18**
577/15.2gm/4.9gm/598mg
- **Entrée-** Chicken Marsala
267/10.7gm/0.7gm/801mg **\$4.54**
- **Grill Special-** French Dip Sandwich
512/16.1gm/1.3gm/2100mg **\$4.84**
- **Side Dishes** –Vegetables & Rice

Saturday 2/6

- **LiVe Well Plate71-** Chinese Chicken Salad w/Chile peanut dressing
308/9.9gm/5.8gm/576mg **\$4.18**
- **Entrée** – Chili Verde Plate w/ Rice & Flour Tortillas - **\$4.54**
395/10.7gm/3.29gm/742mg
- **Grill Special-**Chicken Strips & Fries**\$4.84**
- **Side Dishes** –Rice & Baked Yams

Sunday 2/7

- **LiVe Well Plate20-**Curry Turkey Burger w/ Cucumber Tomato Salad
424/14.4gm/4.09gm/621mg **\$4.18**
Entrée- Parmesan Chicken
520/25.7gm/5.6gm/1616mg **\$4.84**
Grill Special-Chicken Strips & Fries**\$4.84**
- **Side Dishes** –Spaghetti Noodles & Garlic Bread

Display Cooking

Teriyaki Rice Bowls



Choice of Chicken, Beef, or Pork.

Choice of Veggies

Choice of traditional, spicy or sweet teriyaki sauce

Choice of Sticky or Brown Rice