

Insert name and address of Institution:

Utah Department of Health/Utah Office of Education
Licensed Independent Provider's (LIP)
Diabetes Medication/Management Orders
In Accordance with Utah Code 53G-9-504 and 53G-9-506

STUDENT INFORMATION

Name or Label: _____ Name of School: _____ School Fax: _____ For School Year: _____
Date of Birth: _____ Type 1 Diabetes Type 2 Diabetes Age at diagnosis: _____

TO BE COMPLETED BY LIP

In accordance with these orders, an Individualized Health Care Plan (IHCP) must be developed by the School Nurse, Student, and Parent to be shared with appropriate school personnel, *and cannot be shared with any individual outside of those public education employees without parental consent. As the student's LIP, I confirm the student has a diagnosis of diabetes mellitus and:*

- It is medically appropriate for the student to possess and self-administer diabetes medication and the student should be in possession of diabetes medication at all times.
- It is medically appropriate for the student to possess, but NOT self-administer diabetes medication and the student should be in possession of diabetes medication at all times.
- It is NOT medically appropriate for the student to possess or self-administer diabetes medication and the student should have access to their diabetes medication at all times.

Per my assessment, I recommend:
 Student is capable to independently count carbohydrates at meals and snacks for insulin administration.
 Student requires a trained adult to supervise carbohydrate counting of meals and snacks for insulin administration.
 Student requires a trained adult to carbohydrate count meals and snacks and administer insulin.
 This student may participate in ALL school activities, including sports and field trips, with the following restrictions:

PROCEDURES

Emergency Glucagon Administration
Immediately for severe hypoglycemia: unconscious, semi-conscious (unable to control airway), or seizing.
Glucagon Dose: 1.0 mg/1.0 ml Route: **IM** Possible side effects: Nausea and Vomiting

Blood Glucose Testing Target range for blood glucose (BG) is: 100 to 200 80 to 150 Other: _____

- Before Meals Before Exercise After Exercise Before going home Other
- If symptomatic (See student's specific symptoms in Individualized Health Care Plan, IHCP)**
- If BG is less than _____, follow management per Diabetes Emergency Action Plan (page 2)**
- Student should not exercise if BG is below _____ mg/dl, or symptomatic of hyperglycemia.

"Free" Snacks (no insulin coverage)

No routine snacks at school 15 gram carb snack at _____ am and/or _____ pm 15 gram carb snack before PE Other: _____

Insulin Administration

Apidra Humalog Novolog Admelog Route: _____ Possible side effects: Hypoglycemia
Delivery Device: Insulin Vial/Syringe Insulin Pen Insulin Pump **Subcutaneous**
 Insulin to Carbohydrate Ratio (I:C): _____ unit for every _____ grams of carbohydrate before meals
 Correction Dose only to be administered at meal times: _____ unit for every _____ mg/dl for blood sugars above _____ mg/dl

When to give Insulin:

Snacks (special occasions/parties): No coverage for snacks Use I:C ratio Contact parent/guardian

If using insulin pump, carbohydrate ratio and correction dose are calculated by pump. These doses are provided as information for special circumstances. Basal insulin for pump use:

_____ am/pm : _____ units per hour; _____ am/pm : _____ units per hour; _____ am/pm : _____ units per hour
_____ am/pm : _____ units per hour; _____ am/pm : _____ units per hour; _____ am/pm : _____ units per hour

Additional Pump Orders:
• Student may be disconnected from pump for a maximum of 60 minutes, or per Diabetes Emergency Action Plan.
• If unable to use pump after 60 minutes contact parent/guardian, and if BG is over 250 mg/dl give correction dose via syringe.
• If able to re-connect pump, administer correction dose as calculated by pump.

Additional Orders Yes No See attached

Continuous Glucose Monitor: Dexcom Medtronic Guardian Freestyle Other Version being used: _____

Licensed Health Care Provider Signature: _____ Date: _____ Office: _____ Fax: _____

TO BE COMPLETED BY PARENT OR GUARDIAN

I understand that a school team, including parent or guardian, may make decisions about implementation and assistance in the school based on consideration of the above recommendations, available resources, and the student's level of self-management. I acknowledge that these orders signed by the LIP will be used by the school nurse, and shared with appropriate school staff, to develop and IHCP for my child's diabetes management at school. If my child is using a CGM at school I understand that I am responsible for calibrating the CGM at home, if required, and that I approve the school personnel or school nurse to make treatment decisions based on the information from the CGM.

Parent/Guardian signature: _____ Date: _____ Best contact information: _____ **Emergency contact**
Name: _____
Cell: _____